

Jammu & Kashmir Service Selection Board

Junior Staff Nurse - Anatomy Psychology Syllabus

- Human Body
- Biochemistry/ Enzymes
- Cell Transport
- Cell Communication
- Endocrine System
- Cell Division
- Cancer - Tissues
- Skeletal System
- Muscular System
- Nervous System
- Special Senses
- Blood & Immune System
- The Cardiovascular System
- Respiratory System
- Digestive System
- Urinary System

Microbiology - JKSSB Jr Staff Nurse Syllabus

- Industrial Microbiology
- Bioinformatics
- Micrometry and cell measurement

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- Microbial-Technology
- Clinical Research
- Microscopy
- Control of microbes
- Cultivation of bacteria
- Sterilization
- Medical Microbiology
- Air microbiology
- Food Microbiology
- Aseptic techniques
- Molecular biology
- Virology
- Biochemistry
- Introduction to biomolecules
- Stains and staining
- Forensic Science
- Hospital Management

Junior Staff Nurse Syllabus - Psychology

- Perceptual Processes
- Learning Process
- Memory and Forgetting
- Thinking and Problem Solving

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- Motivation and Emotion
- Human Abilities
- Personality
- Research Methodology
- Measurement and Testing
- Biological Basis of Behaviour
- Intelligence
- Personality-characteristics
- Observation Vision and Audition
- Cross-cultural perspectives of motivation
- Psychological scaling

Jammu & Kashmir SSB Sociology Topics

- Nature of Sociology
- Community
- Institution
- Association
- Culture
- Norms and Values
- Social Structure
- Marriage
- Family
- Education

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- Economy
- Polity
- Religion
- Socialization
- Resocialization
- Anticipatory socialization
- Adult socialization
- Social Stratification
- Survey
- Research Design and its types
- Hypothesis
- Sampling
- Industry and Society
- Rural Sociology
- Sociology of Development
- Theoretical Perspectives
- Structuration
- Post - Modernism

Nursing Arts Nutrition - JKSSB Syllabus

- Nutrition
- Biochemistry
- Anatomy

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- nutrition and dietetics
- Nursing Foundation
- Psychology
- Medical-Surgical Nursing
- Physiology
- Community Health Nursing
- Principles of Nutrition
- Balanced diet

JKSSB Junior Staff Nurse Syllabus - Nutrition

- Nourishment over a lifetime
- Nutrition and the human body
- The science of nutrition
- Simple Sugars
- Complex carbohydrates: starch, fiber, glycogen
- Replacing sugar in the diet
- Cultural aspects of food and diet
- Choosing foods
- Saturated Fats
- Unsaturated fats
- Phospholipids
- Cholesterol (sterols)
- Nutrient recommendations and dietary guidelines

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- The food guide pyramid
- The food label
- Digestion
- Body systems

Medical-Surgical Nursing - JKSSB Jr Staff Nurse Syllabus

- Nursing management of a patient with disorders of Ear, Nose, and Throat
- Disorders of the female reproductive system
- Burns, reconstructive and cosmetic surgery
- Oncological conditions
- Emergency & disaster situations
- Disaster Nursing
- Nursing management of a patient with neurological disorders
- Critical care units
- Occupational and Industrial
- Disorders

Jammu & Kashmir Orthopedic Syllabus

- Traumatology
- Physical Anthropology
- Child Psychology from Birth to Adolescence
- Physical Anthropology
- Applied Anatomy

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- Histology
- Applied Pathology
- Study of Biostatics as applied in dentistry and research
- Applied Radiology
- Development
- Applied Dental Materials
- Nutrition
- Applied Physiology

JKSSB Jr Staff Nurse Syllabus - Midwifery Topics

- Introduction to midwifery and Obstetrical Nursing
- Review of anatomy and physiology of female reproductive system and foetal development
- Assessment and management of pregnancy (ante-natal)
- Intra-natal period
- Women during postnatal period
- Normal neonates
- High-risk pregnancy
- Abnormal Labour
- Abnormalities during Postnatal periods
- High risk new born
- Pharmaco -therapeutics in obstetrics
- Family welfare programme